

Facial Spectrum, Inc.
Oral & Facial Surgical Care

**POST OPERATIVE INSTRUCTIONS FOR IMPLANTS AND BONE/SOFT
TISSUE (GUM) GRAFTS**

AFTER 24 HOURS FOLLOWING THE COMPLETION OF YOUR SURGERY:

*Start rinsing with the Prescription (Chlorhexidine) mouth rinse 2 times a day (morning and evening) if prescribed. You may also rinse with salt water after meals (1/2 teaspoon salt in 8 oz. water), approximately 2-3 times a day. You should be rinsing a total of 4-5 times a day.

*Start brushing around teeth with Arm & Hammer baking soda powder with a soft toothbrush.
BRUSH CAREFULLY AROUND THE SURGICAL SITE. It is important not to avoid the area. Unless otherwise directed.

*Take all medications as directed. If you have any questions or concerns with any of the medications please call our office.

FOR 3 WEEKS, **AVOID** THE FOLLOWING:

- *ACIDIC DRINKS (orange juice, tomato juice, soda pop, etc)
- *TOOTHPASTE
- *OVER-THE-COUNTER MOUTH RINSES
- *CHEWING AROUND THE SURGICAL SITE/S

*Do not place your “flipper” (artificial tooth) until instructed to do so.