

PREOPERATIVE INSTRUCTIONS

Instructions:

If you use an inhaler bring it with you to your appointment

A parent/ legal guardian must accompany minor children (under 18 years of age)

Patient will have to have a driver accompany them to the appointment to drive them home after.

Morning Appointments: DO NOT eat or drink anything including water, coffee, mints or gum, after midnight the night before your appointment. If you have any prescribed preoperative medications, as well as your routine morning blood pressure, heart, or thyroid medications or antibiotics, you can take them with a sip of water.

For patients with Appointments after 1:00 pm: Before 5:00 am, you may have ONE glass of juice, ONE slice of toast with Jelly. (No milk, butter, fat or protein) DO NOT eat or drink anything, including water, coffee mints or gum, after 5:00 am the morning of your appointment. If you have any prescribed preoperative medications as well as your routine morning blood pressure, heart, or thyroid medications or antibiotics you can take them with a sip of water.

Wear glasses, or bring a storage case for contacts. Wear loose, comfortable clothing with short sleeves and closed toe shoes.

***If these instructions are not followed, you may not be able to have sedation and may have to be rescheduled.**